

Breakfast

Ends at 11am

Good Morning St. Louis 11.55

Sourdough, egg, spinach, chorizo patty, basil-goat cheese spread, grilled

The Arch 9.75

Everything bagel, egg, bacon, provolone, tomato, spinach, lemon-garlic aioli, grilled

Brunch On The Hill 11.25

Sourdough, egg, bacon, provolone, spinach, pesto cream cheese, grilled

Soulard Market (small cravings) 7.00

Wheat bagel, cream cheese, peppers, spinach, cucumber, tomato, onion, grilled *add egg 2.50

Mini Egg & Cheese (small cravings) 7.50

English muffin, egg, cheddar, grilled

Lunch

Starts at 11am
M-F only

Grilled Chipotle Chicken 12.25

Ciabatta, chicken strips, spinach, provolone, chipotle mayo, grilled

Grilled Tomaza v 11.50

Sourdough, basil goat cheese, tomato, red onion, grilled *add bacon 1.75 / chicken 2.00

Grilled Cheese v 8.75

Sourdough, provolone, cheddar, butter, grilled
*add bacon 1.75 / ham 2.50

Pesto Grilled Cheese v 9.75

Sourdough, pesto, provolone, cheddar, butter, grilled *add bacon 1.75 / ham 2.50

Park Ave 11.75

Ciabatta, chicken, spinach, provolone, tomato, pesto, balsamic glaze, grilled

Just A Taste (small cravings) 7.50

1/2 Sourdough, ham, cheddar cheese, grilled, side of mixed greens

Lunch

Starts at 11am
M-F only

Pesto Turkey-Bacon 13.75

Wheat, turkey, bacon, provolone, red onion, lettuce, creamy pesto (minus bacon 12.00)

Humm-Dinger v 10.25

Wheat, hummus, spinach, cucumbers, red onions, goat cheese (minus goat cheese - V*)

Farmers Choice 13.00

Wheat, ham, swiss, lettuce, tomato, cucumber, creamy dijon

Art Hill Picnic 12.75

Wheat, turkey, provolone, mixed greens, tomato, red onion, lemon-garlic aioli

Veggie Wrap v 11.75

Hummus, quinoa, spinach, red pepper, cucumber, red onion, goat cheese, lemon-garlic, spinach wrap (minus goat cheese - V*)

Sandwiches & Wraps Come w/Chips or Apple

GF gluten-free V vegetarian V* vegan DF dairy free

Gluten Free Bread 1.00

Lunch

Starts at 11am
M-F only

Southwest Garden Salad GF V V* 12.50

Mixed greens, quinoa, black beans, corn salsa, avocado, tomato, red pepper, red onion, SW ranch
add wrap 1.50 add chicken 2.00

Berry Summer Salad GF 13.50

Mixed greens, chicken, goat cheese, red onions, strawberries, cranberries, pecans, poppyseed
add wrap 1.50

Mixed Greens Caesar 10.25

Mixed greens, chicken, parmesan, croutons, caesar dressing (minus croutons - GF)
add wrap 1.50

Greens At Shaw GF 11.50

Spinach, chicken, quinoa, parmesan, creamy pesto
add wrap 1.50

Hummus & Veggies (small cravings) 6.00

House-made hummus, cucumbers, peppers, celery

Balsamic Vinaigrette | Ranch | Vegan Ranch
Caesar | Poppyseed

Coffee

	12	16	20
Drip Coffee	3.75	4.00	4.25
Iced Coffee	3.75	4.00	4.25
Refills	1.00	1.00	1.00
Cold Brew	5.00	5.25	5.50
Café Au Lait	4.25	4.50	4.75

Espresso

	12	16	20
Americano	4.00	4.50	
Red Eye	4.25	4.75	5.00
Cappuccino	4.00		
Latte	4.75	5.25	5.50
Mocha	5.25	5.75	6.00
White Mocha	5.25	5.75	6.00
Caramel Delight	5.00	5.50	5.75
Lavender Latte	5.50	5.75	6.00
Café Miel	5.00	5.50	6.00

Espresso	3.25		
Cubano	3.25	+ Sugar	
Macchiato	3.75	+ Dollop of Foam	
Cortado	3.75	+ 2oz Steamed Milk	

Add Flavor	.70		
Extra Shot	.75		
Milk Alternative	.90	Almond Oat	

Not Coffee

	12	16	20
Hot Chocolate	4.50	4.75	5.00
Sundust Latte	5.00	5.25	5.50
Matcha Latte	5.00	5.25	5.50
Chai Latte	5.00	5.50	6.00
Hot Tea	4.00		
Iced Tea	4.00		
Italian Soda	3.00	3.25	3.50
French Soda	3.25	3.50	3.75

Strawberry | Raspberry
Vanilla | Blackberry

Blended

	12	16	20
Frappé	6.25	6.50	7.00

Mocha | Caramel | Vanilla
(Comes w/ whip. Add shot .75)

Smoothie

8.25

Strawberry Sun Rise

Strawberries, Banana, Apple Juice,
Orange Juice, Almond Milk

Green Fuel

Pineapple, Banana, Apple Juice,
Spinach, Oat Milk, Orange Juice

Proudly Partnered With



BIG
HEART
TEAS

KUNA

